

WILSON WELLBEING STEERING GROUP MEETING AGENDA

DATE: Wednesday 4 December 2019
TIME: 5.30 – 7.30 pm
PLACE: Wilson Wellbeing space, The Wilson Hospital, Cranmer Rd, CR4 4LD

NB: PLEASE WALK AROUND THE RIGHT-HAND SIDE OF THE MAIN BUILDING (AS YOU FACE IT) WHERE YOU WILL FIND AN OPEN BLUE DOOR. DIRECT ACCESS TO THE WELLBEING SPACE IS THROUGH THAT DOOR. (Please don't use the Main Hospital Reception).

TIMING	ITEM FOR DISCUSSION	ITEM LEAD
5.30 – 5.35 pm	Welcome and “Housekeeping”	(Interim Chair)
5.35 – 5.50 pm	Minutes of the last meeting <ul style="list-style-type: none"> • Accuracy: to identify any changes and agree as a final version; • Matters arising and actions: to review. 	(Interim Chair)
5.50 – 6.10 pm	Ways of Working <ul style="list-style-type: none"> • To review the draft document with a view to creating a final version for implementation. 	Sue Tappenden Mike Robinson
6.10 – 6.30 pm	Wellbeing Space Usage Task and Finish Group <ul style="list-style-type: none"> • To receive an update from T&F Group members on discussions and proposals 	Sue Tappenden/Group
6.30 – 6.40 pm	Comfort break	
6.40 – 7.05 pm	Communication with the community To develop a plan to let the community know about the Wellbeing initiatives that are currently underway <ul style="list-style-type: none"> • Agreed messages so far; • What and how to communicate them; • Publication of Agendas/Minutes (timing); • Space usage messaging. 	Sue Tappenden
7.05 – 7.10 pm	Any other (brief) matters	All
7.10 – 7.15 pm	Dates of meetings (until March 2019)	Sue Tappenden
7.15 – 7.30 pm	Meditation	Corina Pall



Wilson

Health & Wellbeing