



Free Family Learning for Merton residents

Short courses on Zoom.

Themed courses with activities for families *Be creative and have fun*

“Our online groups are small, friendly and fun.”

Wednesday 10am to 12 continuing in January 2021 dates TBC

Music and Story Telling

For parents /carers with their pre-school children.



Join us on Wednesday mornings, meet other families and help your little ones to socialise on line. Build your own and your child's self-confidence, have fun singing and develop your story telling skills.

Thursday 10 am to 12 noon 14th January to 4th February 2021

Parenting Skills, developing your strategies and understanding

Over 4 sessions we will;

- Identify the roles, responsibilities and the long term goal of a parent/carer.
- Recognise how the parenting role changes as their children grow and develop.
- Identify family values to underpin a Loving Discipline approach
- Practice tools and strategies to encourage independence and responsibility



For all of these courses you will need a smartphone or computer with Internet access.

For more information or to book a place please text or email,
Hayley on 07810 836811

Hayley.holliday@citylit.ac.uk or Helen.sprogis@citylit.ac.uk



citylitfamilylearning



@CityLitFL

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Tuesday 10am to 12:00 noon 19th January to 9th February 2021

Practical-Digital Skills , feeling confident on line

(for beginners and intermediate level)

This course is perfect if you want to build up your confidence in using digital technology. We will look at what IT resources you have access to and how to use them.

Topics covered on this course include : how to stay safe online, using the “Zoom” platform, download Apps, use google docs; create , name , save and send files, online shopping, completing and returning forms and much more....

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