

## SHOUT ABOUT YOUR VOLUNTEERING



My Name is Kendra, I'm 14 and I live in South Wimbledon.

I've been working in a Scope charity shop since the summer holidays. Scope is a charity for disabled people in the UK.

You may stereotype being disabled as someone in a wheelchair but that's not the only meaning of disabled. Being disabled means having a physical or mental condition that limits the ability to live a full life.

### What do I enjoy about giving my time?

My managers, the staff and volunteers are very kind and caring. In the beginning I was scared and anxious about volunteering but at the end of the day it's just hanging clothes and talking to people.

Hopefully one day I will finally be allowed to work on the tills when I'm old enough - until then I will just enjoy hanging the jewellery!

I always laugh when people ask me if they can try something on because they can just go right ahead. Sometimes I don't even mind if no-one talks to me because I have lots of time to clear my thoughts. I think the peacefulness of the shop stops me worrying about everything.

My volunteering contributes to Merton because by giving a little amount of time I can make such a difference. Volunteering in the Scope charity shop is such a rewarding experience and I think more young people should get involved in volunteer work.

**SHOUT ABOUT YOUR VOLUNTEERING** by telling your friends in person  
and online what you do to make Merton a better place.