

SHOUT ABOUT YOUR VOLUNTEERING



Hi, my name is Clare and I run a company that provides companionship, support and care to help people live independently at home.

As a way of supporting as many people as I can, I look at ways of giving as much as I can to my community.

There are some amazing groups which support people and I give my time to a range across Merton.

What do I enjoy about giving my time?

This can be anything from pouring tea and helping to wash up at an “oldies” friendship group to helping run a stall at a charity event to sitting on a committee of my local cancer charity.

I also recognise that Christmas can be a really difficult time of year for many, so through my business I arranged a hamper appeal. We collected some lovely goodies and donated them to voluntary groups to distribute to those in need of a bit of festive cheer.

My volunteering contributes to Merton because as more people step up and get involved, there is more support for the very small collection of amazing people who work tirelessly to make a difference. People like you and me can give just a little bit of time to support some fantastic local groups.

SHOUT ABOUT YOUR VOLUNTEERING by telling your friends in person
and online what you do to make Merton a better place.